



PREZIOSO

PRECIOUS CULINARY SENSUALITY
CASTEL FRAGSBURG

Dear guest,

for our castle lord Alexander Ortner the development of food preparation in human history is one of the most exciting topics of all, the rediscovery of forgotten culinary delights is a triumph and the combination of taste and health is a glorious challenge to achieve.

With the spirit of fulfilling this mission and living a « Pure Gourmet Excellence », our South Tyrolean chef de cuisine Egon Heiss and his team are wholeheartedly at work.

At the Fragsburg Soul Garden right next door, we grow in collaboration with the Youth Service of Merano fruits, vegetables and herbs. For more diversity and authenticity in our gourmet cuisine, we also work with producers and farmers from the local area.

The herbalist Renate De Mario Gamper runs our alchemistic healing spa, the first of its kind in the world, and provides Egon with advice on the refinements of the culinary nutritional content of the dishes in order to meet our high standards.

We wish you a culinary sensual, unforgettable evening!

south tyrol

staged Heiss

5 course menu – € 160,00

gustatio

Cauliflower – Beluga caviar – tartlet

Duck foie gras – almond – quince

Gravel – goat's cheese

Celeriac – potato – quail egg

Bread – salted yogurt butter



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1 alpine salmon

Mountain salt

Colorful beets – apple crudités – summer snow

2 potato dumplings

Stuffed – alpine cheese – spinach –
white truffle of Alba



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3 sole

Flamed – Jerusalem artichoke – hazelnut –
truffle of Norcia

4 beef

Fillet poached in Lagrein – black salsify – pear

Braised cheek – parsley polenta

Tail – consommé double



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fennel

Marinated – apple sorbet – rye bread

5 violina pumpkin

Sea buckthorn – mountain hay



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gustatio

Coffee – buckwheat – chestnut

Chickpea – sesame pralines

Mango – corn tartelette

wine pairing

Small wine pairing

4 glasses – € 80,00

Large wine pairing

6 glasses – € 130,00 €



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