



# PREZIOSO

PRECIOUS CULINARY SENSUALITY  
CASTEL FRAGSBURG

Dear guests,

for our castle lord Alexander Ortner, the development of food preparation in human history is one of the most exciting topics of all, the rediscovery of forgotten culinary delights is a triumph and the combination of taste and health is a glorious challenge to achieve.

With the spirit of fulfilling this mission and living a "Pure Gourmet Excellence", our South Tyrolean chef de cuisine Egon Heiss and his team are wholeheartedly at work.

Egon and his chefs harvest our vegetables, herbs and fruits for our Gourmet Restaurant Prezioso directly from the earth every day at our Fragsburger Soul Garden. This fertile 2000 square meter site in our 5 hectare castle park by the forest has grown into a green oasis and is raised without any chemicals.

With small local farmers, fish and crab breeders, Egon initiated special Fragsburg cultivations. Our modern alchemist and herbalist Renate De Mario Gamper, who runs our Healing Spa Castellum Natura, provides Egon with advice on the refinements of the culinary nutritional content of the dishes in order to meet our high standards.

We wish you a culinary sensual, unforgettable evening.

# south tyrol

staged Heiss

## 5 course menu

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### gustatio

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Buckwheat – speck from “Kral”

White sausage of char – Champagne

Stone oven bread

Whipped brown butter



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## 1 brown trout

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Cauliflower – green apple – violet stock

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## 2 crab

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Pink grapefruit – Sicilian almond

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## 3 sole

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Jerusalem artichoke

Piedmont hazelnut – sole jus

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## 4 pigeon

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Breast medium roasted – pear – black salsify –  
Scorzzone truffle

Leg in strudel pastry



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## hokkaido pumpkin

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Crème brûlée – “blue of buffalo”

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## edelschwarz

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Gin – cucumber – pine



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## 5 blackberry

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Araguani chocolate – Arabica coffee

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## gustatio

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Tiramisù



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## wine pairing

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Small wine pairing

4 glasses

Large wine pairing

6 glasses



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